

ARE YOU DEALING WITH:

*Sprains, strains or joint pain?

*Ligament or tendon injuries?

*Sports-related fracture or overuse injuries?

*Pain that's keeping you off the field?

*Or want advise on what is the best physical activity for you?

Personalized treatment plans

& Evidence-based care for athletes of all levels

EXPERTISE

Ligament Reconstruction
Cartilage Restoration & Joint Preservation
Tendon Injuries & Overuse Syndromes
Sports Injury Prevention & Rehabilitation
Return-to-Sport Planning

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