

What can cause heart failure?

High Blood Pressure Unknown Causes Smoking Heart Attack

Oveweight Heart Muscle Disease
Leaking or Choked Pregnancy Related

Heart Valves Heart Weakness

Excessive Alcohol Cocaine
Consumption Diabetes
Alcohol Abuse Chemotherapy

Viral Illness

Indicators of heart failure

Trouble breathing that is worse during exercise or when lying down

Swelling in your ankles, legs, and stomach

Feeling restless, tired, or weak

Gaining weight excessively

Feeling full quickly when you eat, or having a loss of appetite

Having a dry cough that does not go away
Coughing up white frothy sputum
Inabilty to speak complete sentence in one breath

Needing 2 or more pillows at night or having to sleep in the chair.

Heart Failure Clinic Self-care guidance Medication readjustment Reduce heart failure rehospitalisation Patient education

Objectives

Dietician consultation lmprove QOL, life expectancy, morbidity, complications

Risk factor modification To provide customized & standardized heart failure care

Key Features

Specialized biochemistry tests to ascertain prognosis, therapeutic modalities & long term implication on patient with heart failure

Well-equipped non-invasive Cardiology department. Team of dedicated well-qualified Cardiologists backed by Heart Failure co-ordinator.

Customized patient care by trained heart failure rehabilitation team.

Dedicated Dietician for standardized dietary regimen. Advance Electrophysiology, Endocrinology & Sleep lab with specialized consultants.

Use of supervised guideline-directed medical therapy improves Quality of Life, reduces hospital visits and need for admission and prolongs life.

Enable patients to get access to specialized consultation echo cardiography and biochemistry tests at discounted rates.

For Appointments Contact:+91 8291280422





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