

C) Venous Stenting

- This procedure is done when there is narrowing of the veins due to previous untreated DVT. Reserved mainly for ilio-femoral DVT. A stent is then placed in the iliac vein. Also for May thurner syndrome



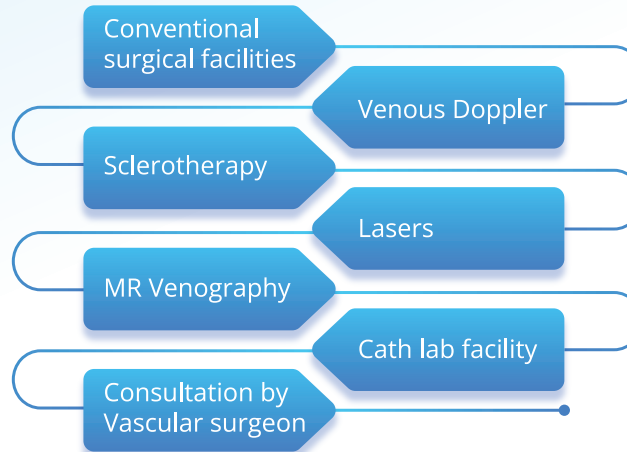
POST THROMBOTIC LEG SYNDROME

- This is a complication of previously untreated DVT.
- This presents in the form of a venous ulcer with Lipodermatosclerosis.
- The non-healing leg ulcer is first treated with Four layer bandaging.
- This method has encouraging results with ulcer healing up to 90% in 8 weeks time.
- The venous abnormality is then treated on its merits.



(Venous Ulcer Before and after treatment with Four Layer Bandage for 6 weeks)

Facilities Available Under One Roof



**For Appointments, Contact
022 6931 8050/51**



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VARICOSE VEIN CLINIC



Department of VASCULAR SURGERY

VARICOSE VEINS

These are tortuous and dilated veins in the leg.



Why should varicose veins be treated?

- ❑ Varicose veins do not get better by themselves; on the contrary, if left untreated they progressively get worse.
- ❑ Leg cramps, swollen ankles, ankle ulcers, are some of the symptoms.
- ❑ Venous Doppler is the investigation of choice in these patients.
- ❑ Early treatment often prevents the symptoms and also removes the unsightly appearance.
- ❑ In fact, the earlier you receive specialist treatment the better the long term clinical and cosmetic results.

Treatment is designed for each patient based on clinical evaluation.
Everyone is different, so individual tailoring of treatment is essential.

What treatments are available?

A) Laser Treatment

- ⦿ EVLT™ treatment is a quick, minimally invasive procedure that offers an effective alternative to surgery.
- ⦿ They are performed under local anesthetic and are highly effective with over 97% of first-time treatments being successful.
- ⦿ Laser energy is delivered in short pulses to occlude the vein.
- ⦿ Following such treatment, normal daily activity can be resumed within 2 days.

Endovenous Laser Treatment



Laser Treatment is a simple day care procedure. Treatment causes minimal discomfort, rapid recovery, normal activities resumed immediately.

B) Ambulatory Phlebectomy

- ⦿ In this, the varicose veins are removed by taking small cuts. It is always done along with Laser.

C) Sclerotherapy

- ⦿ This method is usually done for small residual veins or spider veins.
 - ⦿ A sclerosant (Polidocanol) is injected directly into the vein and compression is applied.
- #### DEEP VEIN THROMBOSIS (DVT)
- ⦿ In this condition a blood clot forms in the deep veins.
 - ⦿ This is a dangerous situation as the clot can then travel to the lung with disastrous consequences.
 - ⦿ It needs urgent treatment.

A) Thrombolysis

- ⦿ A catheter is inserted into the popliteal vein and a thrombolytic agent is infused over 24 hours. This dissolves the clot.
- ⦿ Anticoagulation treatment is then given to prevent further clotting of blood.



B) Venous Thrombectomy

- ⦿ If the clot load in the deep veins is large, a surgical venous thrombectomy is done to remove the clot.