

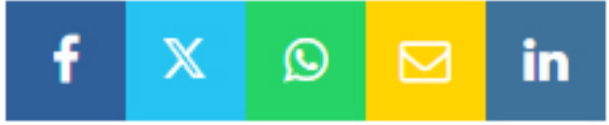
SURGERY

Goiter removal surgery success at Lilavati

Lady with massive goiter gets relief at Lilavati Hospital following a complex goiter removal surgery.

by Staff Writer | June 12, 2024

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Top row - L to R: Dr Krishna Prasad, Cardiac Surgeon; Dr Vaibhavi Baxi, Anesthesiologist; Dr Niraj Uttamani, Chief Operating Officer, Lilavati Hospital & Research Centre, Bottom row - L to R: the removed goiter; Dr Ritesh Agrawal, Thyroid & Endocrine Surgeon, and Dr Preeti Dhingra, ENT Surgeon

A woman from Pune underwent goiter removal surgery at Lilavati Hospital, Mumbai, where a team of surgeons removed a large goiter from her neck. The patient, referred to as Prisha Shetty for privacy, had been suffering from respiratory issues and chest heaviness for two years. The surgery, which lasted five hours, was performed without the need to cut the chest bone, a common practice in such cases.

Dr Ritesh Agrawal, the Thyroid and Endocrine Surgeon leading the operation, explained that the condition involved an enlarged thyroid gland with nodules causing severe compression on the windpipe. This compression led to the patient's breathing difficulties and chest heaviness. The surgical team conducted a total thyroidectomy, removing all parts of the thyroid gland while preserving the nerves to the vocal cords, which are at high risk during such procedures.

The patient expressed relief and gratitude post-surgery, noting an immediate improvement in breathing. Dr Agrawal stressed the importance of timely surgery for goiters, as delays can lead to serious complications, including the potential development of cancer within the goiters.

Dr Niraj Uttamani, Chief Operating Officer at Lilavati Hospital, commended the medical team's skill and the use of advanced surgical techniques, which allowed for a successful operation without complications. The hospital's approach to goiter removal surgeries has set a new benchmark in thyroid surgery.

The patient was discharged in a stable condition six days after the operation. Dr Agrawal advised individuals with breathing issues to undergo proper testing to determine the cause and to address goiters promptly if they are identified as the issue.