



Lilavati Hospital to Host Free Mega Health Camp for Underprivileged Patients Amid Rising Chronic Disease Concerns

With the alarming rise in pollution and deteriorating air quality, there has been a significant increase in cases of lung and degenerative joint diseases across all age groups. Conditions such as osteoporosis and osteoarthritis are becoming increasingly prevalent, particularly in those approaching late middle age. In response to these growing health concerns, Lilavati Hospital is launching a commendable initiative to address the needs of underprivileged patients who often struggle to access timely medical care.

On Sunday, September 1, 2024, from 8:00 am to 4:00 pm, Lilavati Hospital, under the Menaben Helping Hands initiative, will host a Free Mega Camp specifically aimed at providing essential healthcare services to patients suffering from asthma, chronic obstructive pulmonary disease (COPD), osteoporosis, and osteoarthritis.

The surge in lung and degenerative joint diseases can be attributed to various factors, including rising pollution levels, obesity, sedentary lifestyles, physical inactivity, and poor dietary habits. These chronic conditions not only diminish the quality of life but also contribute to mental health issues such as anxiety and depression. Osteoarthritis, for example, can cause severe pain and limit mobility, while lung diseases like asthma and COPD can make everyday activities challenging.

Unfortunately, those from underprivileged backgrounds often endure these conditions without proper medical intervention due to limited access to quality healthcare. Recognizing this gap, Lilavati Hospital is organizing the camp to provide free consultations, essential screenings, and diagnostic tests, all aimed at improving the well-being of these patients.

"Lilavati Hospital has long been committed to serving marginalized sections of society with a dedicated approach to healthcare for all," said Dr. Niraj Uttamani, COO of Lilavati Hospital & Research Centre, Mumbai. "By engaging with participants on lifestyle choices, wellness practices, and preventive strategies, we empower them to take charge of their health in the long run."

The camp will offer free doctor consultations and comprehensive screenings for asthma and COPD, including spirometry tests and Forced Oscillation Technique (FOT) assessments. Additionally, for those dealing with osteoporosis and osteoarthritis, bone mineral density (BMD) tests will be conducted to evaluate the extent of the disease.

Lilavati Hospital's initiative is not just about treating existing conditions but also about fostering community awareness regarding the importance of preventive care and timely diagnosis. The hospital urges those in need to take advantage of this opportunity to receive critical healthcare services that could significantly improve their quality of life.

This Free Mega Camp represents a vital step in addressing the healthcare challenges faced by underprivileged communities, ensuring that all individuals, regardless of their economic status, have access to the medical care they deserve.