



Lilavati Hospital and Research Centre

More than Healthcare, Human Care

NABH Accredited Healthcare Provider

Vaccines Aren't Just For Kids.

ADULTS NEED VACCINATION TOO!

Protect your future
Get Vaccinated!



Adult Vaccination – A life Long Process

**DEPARTMENT OF
INTERNAL MEDICINE AND INFECTIOUS DISEASES**

Vaccinations play a vital role in protecting individuals of all ages from infectious diseases, and our team is dedicated to providing comprehensive vaccination services.

Our Experts at Lilavati Hospital and Research Centre works tirelessly to provide Comprehensive Vaccination Services, Education, and Resources to prevent the spread of infectious diseases protect the health and well-being of our community through the power of immunization.

Our Mission: To protect the health and well-being of individuals and communities through education, outreach, and vaccination services to prevent diseases with expert care and guidance.

Why Choose Us?

Experienced & dedicated
healthcare professionals

•

State-of-the-art facilities
equipped with the latest technology

•

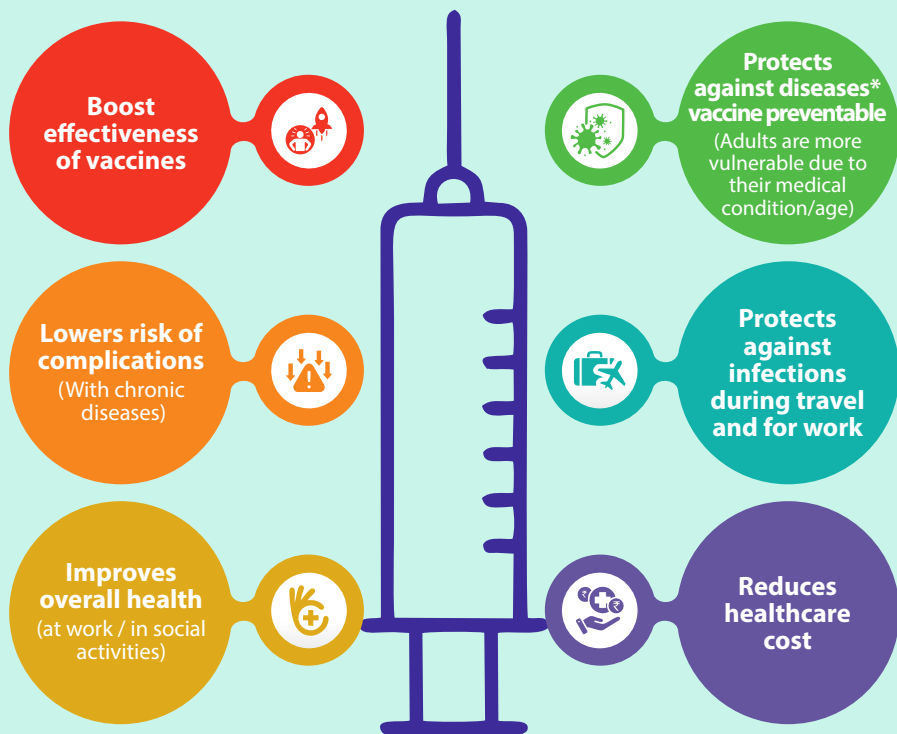
Committed to patient's health,
safety and well-being
through preventive care

“By choosing us, you can trust that you're receiving the best possible care and protection against infectious diseases.”

ADULTS NEED VACCINES TOO!

Shield Your Future, Get Vaccinated Today

Benefits of Adult Vaccination



* Relates to all vaccine preventable diseases

GET VACCINATED NOW!

VACCINE AWARENESS

VACCINE NAME:

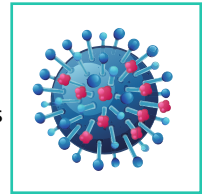
INFLUENZA

DISEASE CAUSED BY:

Influenza Viruses

WHO NEEDS ?

- For everyone
- Must for people > 65 years OR People < 65 years with comorbidities & high risk and Immunosuppressants or immunomodulators



GUARDS AGAINST:

- High Risk
- Seasonal Influenza – related hospitalization
- Worsening of comorbid chronic health conditions

DOSE RECOMMENDED:

Every year (Preferably April to September)

VACCINE NAME:

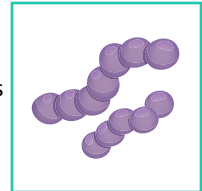
PNEUMOCOCCAL DISEASES

DISEASE CAUSED BY:

Pneumococcal Bacteria

WHO NEEDS ?

> 50 years or < 50 years with comorbidities & high risk and Immunosuppressants or immunomodulators



GUARDS AGAINST:

- Lung infections and / or Sinuses
- Severe illnesses
- Hospitalization

DOSE RECOMMENDED:

1 dose of PCV 13, 1 year later followed by PPSV23
After 8 weeks in immunocompromised individuals

VACCINE NAME:

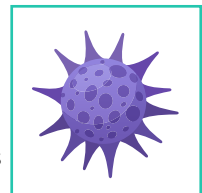
SHINGLES

DISEASE CAUSED BY:

Varicella Zoster Virus (VZV)

WHO NEEDS ?

> 50 years, weakened immune systems, certain medical conditions and on immunosuppressants or immunomodulators



GUARDS AGAINST:

- Severity of Illness
- Severe pain can persist for months or years even after the rash goes away
- Eye related complications including loss of eye sight

DOSE RECOMMENDED:

2 Dose series - 8 weeks apart

VACCINE NAME:

MENINGO – COCCAL

DISEASE CAUSED BY:

Neisseria meningitidis

WHO NEEDS ?

- High risk travelers (traveling in countries where meningococcal disease is common) and
- Epidemic 19 > 65 years ↑↑



GUARDS AGAINST:

- Brain damage
- Severe illnesses
- Seizures
- Hospitalization

DOSE RECOMMENDED:

1 or 2 doses

VACCINE NAME:

DISEASE CAUSED BY:

WHO NEEDS ?

GUARDS AGAINST:

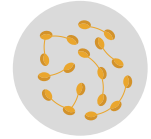
DOSE RECOMMENDED:

Tdap

Corynebacterium Diphtheriae:
Pertussis (Whooping Cough) –
Bordetella Pertussis:
Tetanus: Clostridium Tetani

For all except if contraindicated with comorbidities & high risk and Immunosuppressants or immunomodulators

- Difficulty breathing
- Pneumonia / URTI
- For people who are vaccinated: After 1 dose Tdap, Td or Tdap booster every 10 years
- For people those who are not vaccinated: 1 dose Tdap followed by 1 dose Td or Tdap at least 4 weeks later, and a third dose of td or Tdap 6-12 months later, Td or Tdap every 10 years thereafter



VACCINE NAME:

DISEASE CAUSED BY:

WHO NEEDS ?

GUARDS AGAINST:

DOSE RECOMMENDED:

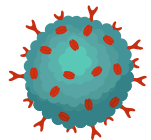
MMR

Measles - single - stranded, enveloped RNA virus;
Mumps - Mumps virus
Rubella - Rubella virus

- 19 > 65 years, recommended in adults but contraindicated in pregnancy and immune-suppressed states (Cancer, HIV/ AIDS) with comorbidities & high risk and Immunosuppressants or immunomodulators
- Candidates who have not taken vaccine during childhood or having IgG Measles / Mumps / Rubella Negative

- Ear infection
- Severe infection
- Swelling in the brain due to infection

Recommended 2 doses - 8 weeks apart
* Not to conceive 4 weeks from the vaccination



VACCINE NAME:

DISEASE CAUSED BY:

WHO NEEDS ?

GUARDS AGAINST:

DOSE RECOMMENDED:

Hep B

Hepatitis B virus

- Everyone who have not received it
- At high risk (Sex partners of person who are HBsAG positive, person with, more than 1 sex partner during previous 6 months, person with current or recent injection use)

- Chronic liver infection
- Liver failure

0, 1 and 6 months
if not immunized in childhood OR having negative antibodil titre (Anti HBS Ab Negative)



VACCINE NAME:

HPV

DISEASE CAUSED BY:

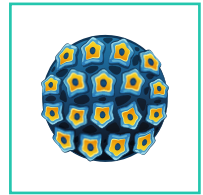
Human Papillomavirus

WHO NEEDS ?

19 - 45 years

GUARDS AGAINST:

- Cancer of the Vulva, Vagina, etc.
- Anal and Oropharyngeal Cancers



DOSE RECOMMENDED:

No additional dose recommended when any HPV vaccine series has been completed using the recommended dosing intervals

Age 15 years or older at initial vaccination:
3 dose series at 0-2-6 months

VACCINE NAME:

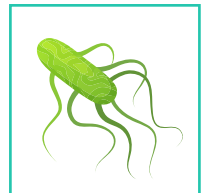
TYPHOID

DISEASE CAUSED BY:

Salmonella enteric serotype Typhi

WHO NEEDS ?

- **11-45 years**
- High risk travelers (traveling to places where typhoid fever is common) or
- outbreak from > 2 years to no upper age limit ##



GUARDS AGAINST:

- Gastrointestinal bleeding
- Severity of Infection

DOSE RECOMMENDED:

Outbreak or high risk more than 18 years
TCV 1 dose

VACCINE NAME:

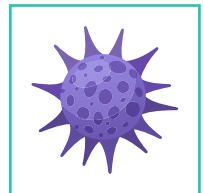
VZV CHICKEN POX

DISEASE CAUSED BY:

VZV Virus

WHO NEEDS ?

- Those who have not suffered in childhood or IgV VZV negative
- > 4 weeks prior to pregnancy if not suffered from Chickenpox in childhood or IgG VZV negative



GUARDS AGAINST:

- Severity of infection & its complications
- Hospitalization

DOSE RECOMMENDED:

2 doses - 8 weeks apart

MYTHS AND FACTS ABOUT ADULT VACCINATION:

Myth: Adults don't need vaccines.

Fact: Adults need vaccines to maintain immunity and protect against diseases like flu, shingles, and pneumococcal disease.

Myth: Adult vaccines are not effective.

Fact: Adult vaccines are thoroughly tested and proven to be effective in preventing diseases.

Myth: Adults can't get vaccinated if they have underlying health conditions.

Fact: Many vaccines are recommended specifically for adults with certain health conditions, such as diabetes or heart disease.

Myth: Adult vaccination is only for those with weakened immune systems.

Fact: All adults can benefit from vaccination, regardless of their immune status.

Myth: Vaccines are only for children.

Fact: Vaccination is a lifelong process, and adults need regular booster shots to maintain immunity.

Myth: Adult vaccines are too expensive.

Fact: Many adult vaccines are covered by insurance, and some employers offer vaccination programs as part of their benefits.

Myth: Adults can't get vaccinated if they're pregnant or breastfeeding.

Fact: Some vaccines are recommended during pregnancy or breastfeeding to protect both mother and baby.

Myth: Adult vaccination is not necessary if you've already had the disease.

Fact: Even if you've had a disease, vaccination can provide additional protection against future infections.

Myth: Adult vaccines have severe side effects.

Fact: Most adult vaccines have mild side effects, and serious reactions are rare.

Myth: Adults don't need to stay up-to-date on vaccinations.

Fact: Staying up-to-date on vaccinations helps protect adults and those around them from vaccine-preventable diseases.



Adult vaccination is a crucial step in maintaining your overall health and well-being. By staying up-to-date on recommended vaccines, you can protect yourself and those around you from serious diseases. Don't wait – talk to your healthcare provider today about vaccines that are right for you. Take control of your health and invest in a healthier tomorrow. Get vaccinated, stay protected!"

ANNUAL VACCINES

VACCINE NAME:	INFLUENZA
DOSE 1	Today
REPEAT DOSE	1 Year
DOSE FREQUENCY	Annually

REPEAT DOSES

VACCINE NAME:	Meningococcal Conjugated	Meningococcal PBCP	Pneumococcal (PCV13 + PPSV23)	Tdap Td
DOSE 1	Today	Today	Today (PCV13)	Today
DOSE 2	Not Applicable	Not Applicable	1 year (PPSV23)	Not Applicable
DOSE 3	Not Applicable	Not Applicable	Not Applicable	Not Applicable
REPEAT DOSE	5 Year	2 Year	5 years (PPSV23, if needed)	10 years
DOSE FREQUENCY	Annually, only during pandemic epidemic	Annually, preferably every April	Not Applicable	10-yearly

ONCE IN A LIFETIME DOSES

VACCINE NAME	DOSE 1	DOSE 2	DOSE 3	REPEAT DOSE	DOSE FREQUENCY
Hib	Today	Not Applicable	Not Applicable	Not Applicable	Once in a Lifetime
Hepatitis A	Today	6-12 months	Not Applicable	Not Applicable	Once in a Lifetime
Hepatitis B	Today	1 month	6 months	Not Applicable	Once in a Lifetime
Chickenpox	Today	1-2 months	Not Applicable	Not Applicable	Once in a Lifetime
HPV	Today	1-2 months	6 months	Not Applicable	Once in a Lifetime
MMR	Today	1 month	Not Applicable	Not Applicable	Once in a Lifetime
Shingles (Herpes Zoster)	Today	2 months	Not Applicable	Not Applicable	Once in a Lifetime
Typhoid	1 Dose	Not Applicable	Not Applicable	3 - 7 years in pandemic setup	Not Applicable

"Stay Protected, Stay Healthy!"

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