



Basic package

Profile

'Health is Wealth' they say but in today's stressful life; it is hard to notice when we start losing that God-gifted treasure. Being ALERT is the only way out. Our BASIC PACKAGE consists of the fundamental tests for screening of the health status and is quite economical. It is suitable for young individuals.

LAB TESTS

CBC
ESR
BLOOD GROUP

Test for Diabetes

BLOOD SUGAR FASTING

Tests for Liver Diseases

SGOT
SGPT

Test for Heart Diseases

TOTAL CHOLESTEROL

Test for Kidney Diseases

SERUM CREATININE

Urine - Routine & Microscopy

Stool - Routine & Microscopy

IMAGING TEST

X-RAY CHEST

ECG

VISION CHECK

CONSULTATION

PHYSICIAN

Cardiac evaluation package

Profile

Human heart functions incessantly without even a moment's rest. Diseases related to such an important organ are often termed as 'silent killers' as their existence is realized only after an attack. Our cardiac evaluation scheme provides all the key tests necessary to check the efficiency of your heart; such as cardiac stress test, 2D echo, ECG, coronary risk markers along with regular lipid profile and tests for liver, kidneys and diabetes. It also involves consultation with a cardiologist.

LAB TESTS

CBC
ESR

Tests for Diabetes

BLOOD SUGAR FASTING
BLOOD SUGAR POST PRANDIAL

Tests of Heart Diseases

TOTAL CHOLESTEROL
HDL CHOLESTEROL
LDL CHOLESTEROL
VLDL CHOLESTEROL
HDL/CHOLESTEROL RATIO
TRIGLYCERIDES
LIPOPROTEIN ELECTROPHORESIS

Tests for Liver Diseases

SGOT
SGPT

Tests for Kidney Diseases

SERUM URIC ACID
SERUM CREATININE

SERUM ELECTROLYTE
HOMOCYSTEINE
C-REACTIVE PROTEIN

Urine - Routine / Microscopy

Coronary Risk Markers

LIPOPROTEIN A
APO LIPOPROTEIN A1
APO LIPOPROTEIN B

IMAGING TEST

X-RAY CHEST

STRESS TEST

2D ECHO

ECG

CONSULTATION

CARDIOLOGIST

Healthy, Delicious Breakfast & Lunch

Prices are subject to change without prior notice

₹ 2000/-

Prices are subject to change without prior notice

₹ 3800/-

Adams package

Profile

For all the health-cognizant gentlemen, our ADAM'S PACKAGE presents the investigations necessary to ensure complete vitality. It includes all the key tests needed to check the physical condition of young males.

LAB TESTS

CBC

ESR

Test for Diabetes

BLOOD SUGAR FASTING

Test for Heart Diseases

TOTAL CHOLESTEROL

Test for Kidney Diseases

SERUM CREATININE

Tests for Liver Diseases

TOTAL PROTEIN

SGOT

SGPT

BILIRUBIN

GGTP

PROTHROMBIN TIME

ALBUMIN

ALKALINE PHOSPHATASE

ACID PHOSPHATE

Urine - Routine / Microscopy

Stool - Routine / Microscopy

IMAGING TESTS

X-RAY CHEST

SONOGRAPHY ABDOMEN

ECG

CONSULTATIONS

PHYSICIAN

SURGEON

Healthy, Delicious Breakfast & Lunch

₹ 3300/-

Adams plus package

This package is especially designed to suit the age-specific need of middle aged males. It consists of all the tests of Adams' package along with PSA.

All tests of Adams Package + PSA

Healthy, Delicious Breakfast & Lunch

Prices are subject to change without prior notice

₹ 3500/-

Eves package

Profile

Who can deny the importance of a woman, be it on domestic front or corporate? They are that indispensable part of the society around whom many lives revolve. It is necessary to understand the importance of their health, considering the amount of pressure they go through every day. We have our Eves' package to ensure a vital investigation of a female's health below 35 years of age, it involves gynecological examinations; useful to detect diseases like PCOD, fibroids, ovarian and cervical cancer. It also involves screening for thyroid status.

LAB TESTS

CBC

ESR

Test for Diabetes

BLOOD SUGAR FASTING

Test for Heart Diseases

TOTAL CHOLESTEROL

Test for Kidney Diseases

SERUM CREATININE

Urine - Routine / Microscopy

Stool - Routine / Microscopy

Pap Smear

Thyroid Hormone Tests (TSH)

IMAGING TESTS

X-RAY CHEST

*SONOGRAPHY PELVIS

ECG

CONSULTATIONS

PHYSICIAN

GYNAECOLOGIST

Healthy, Delicious Breakfast & Lunch

₹ 3500/-

Eves plus package

This package is especially designed to suit the age specific need of women above 35 years of age. It consists of all the tests of Eves' package along with Mammography. Mammography is useful in detection of Breast cancer.

All tests of Eves package + Mammography Healthy, Delicious Breakfast & Lunch

* : For details kindly refer to Health Check up Instructions on page 23.

Prices are subject to change without prior notice

₹ 4000/-



Senior citizen package

As the age of an individual increases; the healthcare cost increases manifold and becomes an extra burden on the individual and also on the family. Early intervention helps in reducing the cost to great extent. Elderly individuals are the ideal candidates for this package. The package concentrates on General Routine Blood check up with Physician, Surgeon/Gynaecology, Ophthalmology, ENT and Dental Consultation. It also offers gender specific tests like Prostate screening for men; Mammography and PAP smear for women.

Profile for men

LAB TESTS

CBC
ESR

Tests for Diabetes

BLOOD SUGAR FASTING
BLOOD SUGAR POST PRANDIAL

Tests for Liver Diseases

SGOT
SGPT
ALKALINE PHOSPHATASE

Tests for Heart Diseases

TOTAL CHOLESTEROL
TRIGLYCERIDES

Tests for Kidney Diseases

SERUM URIC ACID
SERUM CREATININE
SERUM PROTEIN
(GLOBULIN, A/G RATIO)
ALBUMIN

Urine - Routine / Microscopy

Stool - Routine / Microscopy

Acid Phosphatase

Prostate SP Antigen

IMAGING TESTS

X-RAY CHEST
SONOGRAPHY KUB

ECG

AUDIOMETRY

CONSULTATIONS

PHYSICIAN
SURGEON
ENT
DENTIST
OPHTHALMOLOGY (EYE)

Healthy, Delicious Breakfast & Lunch

Prices are subject to change without prior notice

₹ 4000/-

Senior citizen package

Profile for women

LAB TESTS

CBC
ESR

Tests for Diabetes

BLOOD SUGAR FASTING
BLOOD SUGAR POST PRANDIAL

Tests for Liver Diseases

SGOT
SGPT
ALKALINE PHOSPHATASE

Tests for Heart Diseases

TOTAL CHOLESTEROL
TRIGLYCERIDES

Tests for Kidney Diseases

SERUM URIC ACID
SERUM CREATININE
SERUM PROTEIN
(GLOBULIN, A/G RATIO)
ALBUMIN

Urine - Routine / Microscopy

Stool - Routine / Microscopy

PAP SMEAR

IMAGING TESTS

X-RAY CHEST
* SONOGRAPHY PELVIS
** MAMMOGRAPHY

ECG

AUDIOMETRY

CONSULTATIONS

PHYSICIAN
GYNAECOLOGIST
ENT
DENTIST
OPHTHALMOLOGY (EYE)

Healthy, Delicious Breakfast & Lunch

* & ** : For details kindly refer to Health Check up Instructions on page 23.

Prices are subject to change without prior notice

₹ Rs. 4500/-

gold package

Our Gold package is quite comprehensive. It involves detailed evaluation of heart, liver, lungs, chest, abdomen, pelvis / KUB, eyes, ears; and some screening for detection of cancer. It also checks diabetes and thyroid status. The package provides wide array of Consultations - Physician, Gynaecologist/Surgeon, Ophthalmologist, ENT, Dental and Dietician.

Profile for men

LAB TESTS

CBC
ESR
BLOOD GROUP

Tests for Diabetes

BLOOD SUGAR FASTING
BLOOD SUGAR POST PRANDIAL
GLYCOSYLATED Hb

Tests for Liver Diseases

TOTAL PROTEIN (GLOBULIN, A/G RATIO)
SGOT
SGPT
BILIRUBIN
GGTP

PROTHROMBIN TIME
ALBUMIN

ALKALINE PHOSPHATASE

Tests for Heart Diseases

TOTAL CHOLESTEROL
HDL CHOLESTEROL
LDL CHOLESTEROL
VLDL CHOLESTEROL
HDL / CHOLESTEROL RATIO
TRIGLYCERIDES

Tests For Kidney Profile

SERUM URIC ACID

SERUM CALCIUM
SERUM ELECTROLYTE
SERUM CREATININE
BLOOD UREA
PHOSPHORUS

Urine - Routine / Microscopy

Stool - Routine / Microscopy

Thyroid Hormone Test (TSH, T3, T4)

Prostate SP Antigen

Acid Phosphatase

IMAGING TESTS

X-RAY CHEST
SONOGRAPHY Abdomen & KUB

EKG

STRESS TEST OR 2-D ECHO

AUDIOMETRY

SPIROMETRY

CONSULTATIONS

PHYSICIAN (2)
SURGEON
OPHTHALMOLOGIST
ENT
DENTAL
DIETICIAN

Healthy, Delicious Breakfast & Lunch

Prices are subject to change without prior notice

Get a 5% discount on any additional test done through this package

₹ 7250/-

gold package

Profile for women

LAB TESTS

CBC
ESR
BLOOD GROUP

Tests for Diabetes

BLOOD SUGAR FASTING
BLOOD SUGAR POST PRANDIAL
GLYCOSYLATED Hb

Tests for Liver Diseases

TOTAL PROTEIN (GLOBULIN, A/G RATIO)
SGOT
SGPT
BILIRUBIN
GGTP
PROTHROMBIN TIME
ALBUMIN
ALKALINE PHOSPHATASE

Tests for Heart Diseases

TOTAL CHOLESTEROL
HDL CHOLESTEROL
LDL CHOLESTEROL
VLDL CHOLESTEROL
HDL / CHOLESTEROL RATIO
TRIGLYCERIDES

Tests For Kidney Profile

SERUM URIC ACID

SERUM CALCIUM
SERUM ELECTROLYTE
SERUM CREATININE
BLOOD UREA
PHOSPHORUS

Urine - Routine / Microscopy

Stool - Routine / Microscopy

Thyroid Hormone Test (TSH, T3, T4)

PAP SMEAR

IMAGING TESTS

X-RAY CHEST
SONOGRAPHY* Abdomen & Pelvis
** MAMMOGRAPHY

EKG

STRESS TEST OR 2-D ECHO

AUDIOMETRY

SPIROMETRY

CONSULTATIONS

PHYSICIAN (2)
GYNAECOLOGIST
OPHTHALMOLOGIST
ENT
DENTAL
DIETICIAN

Healthy, Delicious Breakfast & Lunch

₹ 7250/-

gold plus package

All the benefits of Gold package are a part of this set of tests which gives a special emphasis on detection of conditions like Osteoporosis, Breast, Ovarian, Cervical Cancer and Hormonal imbalance making it an excellent choice for peri and post menopausal females.

All tests of Gold package +

FSH

Biochemical Screening for Osteoporosis

Sonammammography

USG TVS

BMD

Consultation - Dermatologist

Healthy, Delicious Breakfast & Lunch

* & **: For details kindly refer to Health Check up Instructions on page 23.

Prices are subject to change without prior notice

Get a 5% discount on any additional test done through this package

₹ 11000/-

Platinum package

What primarily differentiates this package from our Gold package is that; in addition to tests included in Gold package; it comprises Coronary Risk Markers, HIV I & II and HBsAg (test for hepatitis), CT Scan – Calcium Scoring for men (test for coronary arteries of heart), Bone Mineral Densitometry for women (to detect osteoporosis and osteopenia), CEA for men (to detect cancer of colon) and CA 125 (to detect ovarian cancer in female). This package also offers Consultation with our Dermatologist to discuss your skin related concerns and remedy.

Profile for men

LAB TESTS

CBC
ESR
BLOOD GROUP

Tests for Diabetes

BLOOD SUGAR FASTING
BLOOD SUGAR POST PRANDIAL
GLYCOSYLATED Hb

Tests for Liver Diseases

TOTAL PROTEIN (GLOBULIN, A/G RATIO)
SGOT
SGPT
BILIRUBIN
GGTP
PROTHROMBIN TIME
ALBUMIN
ALKALINE PHOSPHATASE
ACID PHOSPHATASE

Tests for Heart Diseases

TOTAL CHOLESTEROL
HDL CHOLESTEROL
LDL CHOLESTEROL
VLDL CHOLESTEROL
HDL / CHOLESTEROL RATIO
TRIGLYCERIDES
LIPOPROTEIN ELECTROPHORESIS

Tests For Kidney Profile

SERUM URIC ACID
SERUM CALCIUM
SERUM ELECTROLYTE
SERUM CREATININE
SERUM PROTEIN (GLOBULIN, A/G RATIO)
BLOOD UREA
PHOSPHORUS

Prices are subject to change without prior notice

Urine - Routine / Microscopy

Stool - Routine / Microscopy

HIV I & II

HBsAg (Elisa)

Thyroid Hormone Test (TSH, T3, T4)

Coronary Risk Markers

LIPOPROTEIN A
APO LIPOPROTEIN A 1
APO LIPOPROTEIN B

Cancer Risk Markers

CEA
PROSTATE SP ANTIGEN

IMAGING TESTS

X-RAY CHEST
SONOGRAPHY Abdomen & KUB
CT Scan - Calcium Scoring

ECG

STRESS TEST

2-D ECHO

AUDIOMETRY

SPIROMETRY

CONSULTATIONS

PHYSICIAN (2)
SURGEON
OPHTHALMOLOGIST
ENT
DENTAL
DIETICIAN
DERMATOLOGIST

Healthy, Delicious Breakfast & Lunch

Get a 10% discount on any additional test done through this package

₹ 13000/-

Platinum package

Profile for women

LAB TESTS

CBC
ESR
BLOOD GROUP

Tests for Diabetes

BLOOD SUGAR FASTING
BLOOD SUGAR POST PRANDIAL
GLYCOSYLATED Hb

Tests for Liver Diseases

TOTAL PROTEIN (GLOBULIN, A/G RATIO)
SGOT
SGPT
BILIRUBIN
GGTP
PROTHROMBIN TIME
ALBUMIN
ALKALINE PHOSPHATASE

Tests for Heart Diseases

TOTAL CHOLESTEROL
HDL CHOLESTEROL
LDL CHOLESTEROL
VLDL CHOLESTEROL
HDL / CHOLESTEROL RATIO
TRIGLYCERIDES
LIPOPROTEIN ELECTROPHORESIS

Tests For Kidney Profile

SERUM URIC ACID
SERUM CALCIUM
SERUM ELECTROLYTE
SERUM CREATININE
SERUM PROTEIN (GLOBULIN, A/G RATIO)
ALBUMIN
BLOOD UREA
PHOSPHORUS

Urine - Routine / Microscopy

Stool - Routine / Microscopy

HIV I & II

HBsAg (Elisa)

Thyroid Hormone Test (TSH, T3, T4)

Coronary Risk Markers

LIPOPROTEIN A
APO LIPOPROTEIN A 1
APO LIPOPROTEIN B

Cancer Risk Markers

CA 125 II IRMA
PAP SMEAR

IMAGING TESTS

X-RAY CHEST
ECG
SONOGRAPHY* Abdomen & Pelvis
** MAMMOGRAPHY
SONOMAMMOGRAPHY
BONE MINERAL DENSITY

STRESS TEST

2-D ECHO

AUDIOMETRY

SPIROMETRY

CONSULTATIONS

PHYSICIAN (2)
GYNAECOLOGIST
OPHTHALMOLOGIST
ENT
DENTAL
DIETICIAN
DERMATOLOGIST

Healthy, Delicious Breakfast & Lunch

* & ** : For details kindly refer to Health Check up Instructions on page 23.

Prices are subject to change without prior notice

Get a 10% discount on any additional test done through this package

₹ 13000/-



solitaire package

As unique as a solitaire, this one of a kind package provides an exhaustive inspection of health status of an individual. It encompasses all the tests of Platinum package with special emphasis on detection of Vitamin deficiency and Cancers. The highlight of this package is inclusion of screening choice between CT Stroke (Brain) Imaging / CT Coronary Angiography.

Profile for men

LAB TESTS

CBC
ESR
BLOOD GROUP
Tests for Diabetes
BLOOD SUGAR FASTING
BLOOD SUGAR POST PRANDIAL
GLYCOSYLATED Hb
Tests for Liver Diseases
TOTAL PROTEIN (GLOBULIN, A/G RATIO)
SGOT
SGPT
BILIRUBIN
GGTP
PROTHROMBIN TIME
ALBUMIN
ALKALINE PHOSPHATASE
Tests for Heart Diseases
TOTAL CHOLESTEROL
HDL CHOLESTEROL
LDL CHOLESTEROL
VLDL CHOLESTEROL
HDL / CHOLESTEROL RATIO
TRIGLYCERIDES
LIPOPROTEIN ELECTROPHORESIS
Tests For Kidney Profile
SERUM URIC ACID
SERUM CALCIUM
SERUM ELECTROLYTE
SERUM CREATININE
SERUM PROTEIN (GLOBULIN, A/G RATIO)
ALBUMIN
BLOOD UREA
PHOSPHORUS
Urine - Routine / Microscopy
Stool - Routine / Microscopy
HIV I & II

HBsAg (Elisa)
Thyroid Hormone Test (TSH, T3, T4)
Vitamin D3 and Vitamin B12
Magnesium
RA
Coronary Risk Markers
LIPOPROTEIN A
APO LIPOPROTEIN A 1
APO LIPOPROTEIN B
Cancer Risk Markers
CEA
AFP
CA 72.4
CA 19.9
PROSTATE SP ANTIGEN
IMAGING TESTS
X-RAY CHEST
SONOGRAPHY Abdomen & KUB
CT Scan - Calcium Scoring
*** CT CORONARY ANGIOGRAPHY OR
CT STROKE IMAGING

ECC
STRESS TEST
2-D ECHO
AUDIOMETRY
SPIROMETRY
CONSULTATIONS

PHYSICIAN (2)
SURGEON
CARDIOLOGIST
OPHTHALMOLOGIST
ENT
DENTAL
DIETICIAN
DERMATOLOGIST
Healthy, Delicious Breakfast & Lunch

*** : For details kindly refer to Health Check up Instructions on page 23.
Prices are subject to change without prior notice

Get a 10% discount on any additional test done through this package

₹ 21000/-

solitaire package

Profile for women

LAB TESTS

CBC
ESR
BLOOD GROUP
Tests for Diabetes
BLOOD SUGAR FASTING
BLOOD SUGAR POST PRANDIAL
GLYCOSYLATED Hb
Tests for Liver Diseases
TOTAL PROTEIN (GLOBULIN, A/G RATIO)
SGOT
SGPT
BILIRUBIN
GGTP
PROTHROMBIN TIME
ALBUMIN
ALKALINE PHOSPHATASE
Tests for Heart Diseases
TOTAL CHOLESTEROL
HDL CHOLESTEROL
LDL CHOLESTEROL
VLDL CHOLESTEROL
HDL / CHOLESTEROL RATIO
TRIGLYCERIDES
LIPOPROTEIN ELECTROPHORESIS
Tests For Kidney Profile
SERUM URIC ACID
SERUM CALCIUM
SERUM ELECTROLYTE
SERUM CREATININE
SERUM PROTEIN (GLOBULIN, A/G RATIO)
ALBUMIN
BLOOD UREA
PHOSPHORUS
Urine - Routine / Microscopy
Stool - Routine / Microscopy
HIV I & II
HBsAg (Elisa)
Thyroid Hormone Test (TSH, T3, T4)

Vitamin D3 and Vitamin B12
Magnesium
RA

Coronary Risk Markers
LIPOPROTEIN A
APO LIPOPROTEIN A 1
APO LIPOPROTEIN B

Cancer Risk Markers
CA 125 II IRMA
AFP
CA 15.3
CA 72.4
CA 19.9
PAP SMEAR
IMAGING TESTS
X-RAY CHEST
SONOGRAPHY* Abdomen & Pelvis
** MAMMOGRAPHY
SONOMAMMOGRAPHY
BONE MINERAL DENSITY
*** CT CORONARY ANGIOGRAPHY OR
CT STROKE IMAGING

ECC
STRESS TEST
2-D ECHO
AUDIOMETRY
SPIROMETRY
CONSULTATIONS
PHYSICIAN (2)
GYNAECOLOGIST
CARDIOLOGIST
OPHTHALMOLOGIST
ENT
DENTAL
DIETICIAN
DERMATOLOGIST

Healthy, Delicious Breakfast & Lunch

*, ** & *** : For details kindly refer to Health Check up Instructions on page 23.
Prices are subject to change without prior notice

Get a 10% discount on any additional test done through this package

₹ 21000/-



Health check up instructions

- Health Checks are done through prior appointments. Please report at the appointed time given to you at the reception counter of the Health Check Department on the 2nd Floor.
- We request you to kindly observe the appointment timings, to facilitate the smooth flow of your Health Check.
- We can provide additional Tests / Investigations / Procedures / Consultations at request or if required. These will be billed separately in addition to the package payment.
- You are advised to observe minimum 12 hours to maximum 13 hours of fasting and abstinence from consuming alcohol. Hence it is recommended that you do not eat or drink anything after 8:00 P.M. the previous night. You can only take sips of water on the morning of the Health Check.
- Please bring your morning stool and urine samples along with you on the date of the Health Check. One can collect the containers from the Health Check Department in advance as per their convenience.
- Please wear comfortable attire, footwear and minimum jewellery on the day of the Health Check.
- In case you are under certain daily medication (eg for blood pressure), then you can take your medication with water and inform the same to the Health Check Executives before commencing the Health Check. You can also carry along medication (eg for diabetes) and take it as per your regular schedule.
- In case you are under certain medication and/or are suffering from previous disease, you are advised to bring the previous Medical Records.
- Corporate sponsored clients are requested to bring their referral letter and employee ID.
- Kindly inform us in case of cancellations or postponements at least 12 hours in advance.
- The PAP Smear Test for females cannot be done during Menses (Periods). For further details, please contact our Health Check Executives.
- Radiological examination involves low dose radiation.
- (*) Ultrasonography of Pelvis involves Vaginal Sonography, which is a detailed examination of the Pelvic organs. If you do not wish to undergo the same kindly inform the Health Check Executives at the Health Check Reception.
- (**) Mammography is not recommended for women below the age of 35 years.
- (***) CT test requires I.V. injection of dye and normal kidney function is required.
- Inhalers & Oral Bronchodilators for Asthma or Bronchitis should preferably be avoided on the day of the Check-Up for better Lung Function Test results.
- Patient should be without contact lenses before 24 hours for eye check-up.
- **In case we are unable to carry out any test/s because of unforeseen reason/s; the same test/s will be carried out on some other working day as per your convenience but within 10 days of date of Health Check OR proportionate amount will be refunded from the package.**

Note: Kindly call at the following numbers of the Health Check Reception for appointments:
 Direct no. 022 2656 8242 or 43

Appointments can be taken for all weekdays except Sundays & Public Holidays.